



# 1:1 Learning Behaviour Sessions for Prep — Year 9

Targeted individualised sessions throughout the school holidays and beyond. These sessions are designed for children from Prep – Year 9 to facilitate and promote children’s learning and success.

The stress and uncertainty of 2020 has meant that many children have gaps in their learning which can cause significant anxiety and behavioural issues at home and school. These therapy sessions aim to support emotional regulation, executive functioning, organisation and academic skills in a supportive one-on-one session.

During December your child will have an opportunity to work on fundamental skills needed for their future years of schooling. 1:1 sessions will be available for students in Prep- Year 9.

## INITIAL CONSULTATION 90 MIN: \$180

Includes:

- Identifying areas of concern
- Explicit instruction of key skills and knowledge
- Key strategies and skills, which are transferable and necessary for success
- Executive functioning skills
- Emotional regulation
- Coping with change
- Plan of how to consolidate new knowledge acquired

## FOLLOW UP CONSULTATION 60MIN: \$150

Includes:

- Executive functioning skills
- Emotional regulation
- Coping with change
- Explicit Instruction of key skills and knowledge
- Key strategies and skills, which are transferable and necessary for success

## All 1:1 Learning Behaviour Sessions will be planned and run by Kayleigh Flaks

Kayleigh is a qualified teacher and fully registered with the Victorian Institute of Teaching. She has studied at Monash University and completed a Bachelor of Primary Education (with honours) and a Master of Education with a Specialisation in Inclusion and Special Education.

Over the past five years Kayleigh has been working with a large range of Primary and Secondary students. Kayleigh is extremely passionate about creating an engaging, safe and interactive learning environment where all individuals are able to enjoy and partake in learning, which is relevant, purposeful and transferable. Kayleigh incorporates a range of effective evidence-based pedagogy into all her lessons, utilising teaching and learning strategies which are flexible and differentiates learners’ individual needs, goals and desired outcomes.

Additionally, Kayleigh strives to provide learners with lifelong academic, organisational and emotional skills while developing their confidence, self-worth and intrinsic motivation. Kayleigh’s philosophy is that every individual is capable of success, growth and achievement when provided with the correct tools and strategies to assist them.