



# Squad Goals

## Teenage Group

**“An aspirational term for what you’d like your group of friends to be or accomplish”** Bustle

### **On Track Therapy’s Teenage Social group is launched.**

Sessions will run the first Monday of every month (with the exception of public holidays).

Squad Goals is a meeting place for like minded teens, to connect, form friends, problem solves life’s challenges, school issues, friendship problems, bullying, anxiety and the pressures faced by all teenagers. Suitable for teenagers with ASD, ADHD, Severe Anxiety and Social Awkwardness.

Sessions will be lead by the teenagers and the issues that they face in every day life. Run by psychologists Vicky Tsiaklakis and Danella Taylor



**STARTING MONDAY 5TH**

**please email [info@ontracktherapygroup.com.au](mailto:info@ontracktherapygroup.com.au)  
or call Maria on 98331120 places are limited.**